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# Journal of Happiness Studies



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## Synonyms

#### JOHS

## Definition

An interdisciplinary scientific journal on subjective well-being.

### Description

#### History

The Journal of Happiness Studies (JOHS) is an interdisciplinary forum on ▶ subjective wellbeing. The first issue appeared in 2000. Founding editors were Ed Diener, Alex Michalos, and Ruut Veenhoven. All three were members of the ▶ International Society for Quality of Life Studies (ISQOLS) as were most of the members of the editorial board.

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The journal has roots in the social indicator movement and emerged as a split-off from the successful journal of " $\triangleright$  *Social Indicators Research*" that got ever more submissions on  $\triangleright$  happiness. Alex Michalos was at that time the editor in chief of *Social Indicators Research*, which he established in 1973. The journal rooted also in the  $\triangleright$  positive psychology movement that emerged at that time and in which Ed Diener was a key person. Ruut Veenhoven was founder of the  $\triangleright$  World Database of Happiness and as such central in the field.

The publishing house was Kluwer Academic in the Netherlands, the same publisher of *Social Indicators Research*. Kluwer Academic became part of Springer Publishers, which now hosts several more scientific journals on well-being, such as Quality of life Research since 1997, Applied Research in Quality of Life since 2003, and *Psychology of Well-Being* since 2011.

The first editor in chief was Ruut Veenhoven (2000–2004), followed by Ed Diener (2005), Bob Cummins (2005–2009), and Antonella della Fave (since 2009).

#### Scope

The journal does *not* cover everything ever associated with the word happiness. The focus is on subjective well-being, both cognitive evaluations of life (like ► life satisfaction) and affective ► enjoyment of life (such as ► mood level). In

F. Maggino (ed.), *Encyclopedia of Quality of Life and Well-Being Research*, https://doi.org/10.1007/978-3-319-69909-7\_4049-2

addition to contribution on appraisal of life as a whole, the journal accepts contributions on life domains (such as  $\triangleright$  job satisfaction) and life aspects (such as perceived  $\triangleright$  meaning of life).

The journal provides a forum for two main traditions in happiness research: (1) speculative reflection on the  $\triangleright$  good life and (2) empirical investigation of subjective well-being. Contributions from all sciences are welcomed: alpha sciences (in particular philosophy), beta sciences (especially  $\triangleright$  health-related quality-of-life research), and gamma sciences (not only psychology and sociology but also economy).

# Leading Questions

The journal accepts contributions conceptualization, measurement, ▶ prevalence, explanation, evaluation, imagination, and study of happiness. *Conceptualization*:

- What meanings are denoted by terms like happiness and subjective well-being?
- How do these fit in with broader conceptions of the good life?

#### Measurement:

- In what ways can we assess how people feel about life?
- What are the best measures for what purposes?
- Can scores be compared between individuals and across time and culture?

#### Prevalence:

- How do people feel about life?
- Are there systematic differences across social categories, culture, and time?

#### Explanation:

• What goes on in people when they appraise their life? Which mental and neural processes are involved?

- What conditions foster a positive appreciation of life?
- How are these effects mediated?
- Why do we feel good or bad? What is the use of going through life appraisals?

## Evaluation:

- What are the consequences of enjoying life or not?
- Is happiness a worthwhile goal for therapy and social policy?

#### Imagination:

- How is happiness portrayed in arts and fiction?
- What does the public think of it? Do beliefs fit reality?
- How do policymakers think of happiness? Do their beliefs matter?
- Does imagination affect appraisals of life?

Study:

How has the study of happiness developed?

# Availability

The journal is available on paper (ISSN 1389–4978) and in electronic version (ISSN 1573–7780). The journal homepage is www. springeronline.com/social+sciences/wellbeing/journal/10902.

#### Impact

From start, the journal was quite successful in terms of submissions and citations. It received ISI recognition already in 2008. The 5 year impact factor was 4.75 in 2021.

## References

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