

**Section on a specific subject from:**

# **DATABOOK OF HAPPINESS**

A complementary reference work to  
***Conditions of Happiness***

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# X 1 MISCELLANEOUS

LAUGHING AND SINGING OFTEN	Closed question: no vs yes		HAPP 2.1	G	+.52	Chi <sup>2</sup>	000	Male employees of age 40+, The Netherlands Non-probability chunk sample N: 13000, date:—	SONDE 75
FREQUENCY OF LAUGHING	Repeated open-ended question on number of occasions one laughed during the past 24 hours; scored twice with an interval of 16 days		AFF 1.1	r <sub>pb</sub>	+.28			College students, U.S.A. Non-probability chunk sample (test - retestgroup) N: 180, date: 1934/1935	YOUNG 37A p. 330
PERCEIVED ACTING ABILITY	Closed question on acting ability compared with other people, rated on a 7-point scale miserable in acting / about average / highly talented in acting	This question figured in a mailed questionnaire together with a letter requesting the subject's participation in an experimental study.	AFF 6	r <sub>pb</sub>	+.31		05	Female undergraduates, U.S.A. Random sample N: 72, date: —	LUDWI 71/75 p. 64
SELF-PERCEIVED ACTING ABILITY	Direct question on acting ability compared with others	The subjects answered these questions at the end of an experimental situation in which their self-esteem was experimentally altered. This was done by means of a false personality report dealing with the subject's creativity, maturity, acting ability, and other things. These questions formed a check on the acceptance of the personality report.	AFF 6	r <sub>pb</sub>	+.11		ns	See above	LUDWI 71/75 p. 64
WRITING FIRMNESS	S's signature		AFF 6	r <sub>pb</sub>	-.12		ns	See above	LUDWI 71/75 p. 64
DAY OF WEEK (Monday, Tuesday, etc.)	Differences between the day's averages on the happiness score and the mean of the other days, during a period of 21 days; as assessed by an analysis of variance, using days of the week as units for the analysis.	No day of the week was significantly different from the other days. Fridays and Saturdays averaged the highest and Mondays and Tuesdays the lowest (ns).	AFF 3.1 (1st instr.)	F			ns	Undergraduate college students, California, U.S.A. Non-probability chunk sample N: 86, date: November - December, 1971	FORDY 72 p. 152
'SPECIAL' DAY	Differences between the day's averages on the happiness score and the mean of all days, during a period of 21 days; as assessed by an analysis of variance, using the 21 days as units for the analysis.	The period covered in the study included the Thanksgiving Holidays, several weekends, an important examination, and the last day of the school term. None of the day's averages was significantly different from the mean of all days. Thanksgiving day, weekend, and the last-school-day's-eve rating showed the highest averages (ns).	AFF 3.1 (1st instr.)	F			ns	See above	FORDY 72 p. 152

THE WEATHER	Mean daily temperature for the days of the experiment; temperature at the time of the experiment; mean daily humidity		AFF 3.1			ns	College students, U.S.A. Non-probability chunk sample N: 236, date: 1934 - 1935	YOUNG 37A p. 328
LENGTH OF LABOR	short vs long	The children's length of labor was correlated with hedonic level at eight months	AFF 5.1	r <sub>pm</sub>	+ .23	ns	8 months old infants, U.S.A. Non-probability quota sample N: 24, date: —	MCGRA 68 p. 1249
CLUSTER OF VARIABLES ASSOCIATED WITH NEUROSIS	Factor containing: female sex; many children; low education; low use of milk; high use of sugar, tobacco, and alcohol; high social mobility; desintegration of family of origin; many worries; dissatisfaction with place of residence, lovelife, S.E.S., and with filling in the questionnaire (see Aakster, 1972)	Unaffected by age and sex Lower among those of medium S.E.S. Stronger among those of higher educational level, except for the highest category Stronger among those who were formerly married	HAPP 1.1	G	-.67	05	National adult population, The Netherlands Probability area sample N: 1552, date: June, 1968	BAKKE 74 p. 29
CLUSTER OF VARIABLES ASSOCIATED WITH DEPRESSION	Factor containing: female sex; many children; low bathing-frequency; high tobacco use; high social mobility; desintegration of family of origin; many worries; dissatisfaction with place of residence, lovelife, and S.E.S. (see Aakster, 1972)	Same elaborations as above.	HAPP 1.1	G	-.55	05	See above	BAKKE 74 p. 29