

**Section on a specific subject from:**

# **DATABOOK OF HAPPINESS**

A complementary reference work to  
***Conditions of Happiness***

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# L 1 LIFE HISTORY

- L 1.1 Childhood situation
- L 1.2 Life change in adulthood

## L 1.1 - CHILDHOOD SITUATION

This category contains indicators of the childhood situation in general only. Relationships of happiness with specific indicators of the childhood are reported in 'Family' (F1), 'Education and School' (E1), 'Confrontation with War' (W1.1), etc.

<u>LIFE HISTORY:</u>	212-item inventory of past life experiences	18 scores were derived, indicating good or bad past experiences in various life areas. Only a few scores were related to hedonic level. Other scores were not presented.						Male college students, U.S.A. Non-probability chunk sample N: 17, date: <u>  </u> 1960	WESSM 66/2 p. 122
- POOR LIFE EXPERIENCES	Over-all total score		AFF 3.1	r <sub>pm</sub>	-0.41	t	05		
- LOW SCHOLARSHIP	Score consisting of items indicating past feelings of intellectual inferiority, feelings of academic failure and discouragement		AFF 3.1	r <sub>pm</sub>	-0.50	t	05		
- DEPRESSION AND INSECURITY			AFF 3.1	r <sub>pm</sub>	-0.46	t	10		
- POOR PEER RELATIONS			AFF 3.1	r <sub>pm</sub>	-0.45	t	10		
- SIBLING CONFLICT			AFF 3.1	r <sub>pm</sub>	-0.39	t	10		
- PARENTAL TREATMENT AND RELATIONSHIPS		A number of scores on parental treatment or relationships were derived. None of them appeared to show much relationship to mood level.	AFF 3.1			t	ns		
HAPPY LIFE HISTORY	Clinical rank on 'happy - unhappy life story', stressing auto-biographic reports and information for three years, concerning past life experiences up to the time of entering college		AFF 3.1	r <sub>pm</sub>	+0.48	t	05	See above	WESSM 66/2 p. 104
<u>CHILDHOOD STRESS:</u>	4-factor score (see below)		AFF 1.3	DR̄	-0.09		05	Adults, Alameda County, U.S.A. Probability sample	BERKM 71 p. 42-43
- BROKEN HOMES IN CHILDHOOD	S lived with real father / mother during the first 15 years of his life yes vs no		AFF 1.3	DR̄	-		05	N: 6928, date: 1965	
- POSITIVE EVALUATION OF FATHER AND MOTHER AS A PARENT	Closed questions for mother and father separately worse / about the same / better than most fathers/mothers		AFF 1.3	DR̄	+0.08		05		

(to be continued on next page)

- HAPPINESS OF PARENTS' MARRIAGE IN CHILDHOOD	Closed question: very unhappy / unhappy / somewhat unhappy / somewhat happy / happy / very happy
- LONG OR SERIOUS ILLNESS IN FAMILY DURING CHILDHOOD	Closed question: no vs yes

L 1.2 - LIFE CHANGE IN ADULTHOOD

This category contains indicators of general life change only. Relationships of happiness with specific changes are reported in 'Change in Income' (I 1.7), 'Marital Status' (M 1), 'Retirement' (R 2), 'Social Mobility' (S 5.3), 'Change of Work' (W 2.3), etc.

LIFE CHANGE	Number of life change units during the past two years as assessed by a modified form of the Schedule of Recent Events (see Holmes & Rahe, 1967)		AFF 1.3	$\bar{D}\bar{R}$	+ .08	05		
ALTERATIONS IN HEALTH STATUS	Major change in health during the past two years (item from the Schedule of Recent Events; see above)	Unaffected by life change	AFF 1.3	$\bar{D}\bar{R}$	- .02	05		
EXPERIENCE OF RECENT LIFE CHANGES	Adapted Schedule of Recent Experiences (see Holmes & Rahe, 1967), scored for the past year	Index of Positive Affects: G = +.06 Index of Negative Affects: G = +.19	AFF 2.3	G	-		Adults, Renton, Washington, U.S.A. Probability systematic random sample of households N: 536, date: —	PESZN 75 p. 445
LIFE CHANGE	Number of life changes experienced after age 20, as assessed by a 15-item inventory.		HAPP 1.1	G	+ .15		See above	PESZN 75 p. 445
MAJOR LIFE CHANGES	Experience of a major life change (either positive or negative) in the past year		AFF 1.1	$r_{pm}$	+ .07	ns	Employed males, age 30 - 60, England Non-probability purposive sample by expert choice N: 192, date: —	PAYNE 75 p. 101
GAINS IN SOCIAL STATUS OVER 4 YEARS	Comparison of data from 1967 and 1971 A significant move to a fully independent household, marriage, and taking paying employment were defined as status gains. Institutionalization, the death of supportive family members and friends, and recent geographic dispersion of supportive children were defined as losses losses / no change / gains		AFF 2.3	$t_k$	+ .13	ns	National adult population, The Netherlands Probability area sample N: 1552, date: June, 1968	BAKKE 74 p. 28
ROLE LOSS	number of lost roles		AFF 2.3	r	+ .05	ns	Families of hourly workers and salaried employees, U.S.A. N: 712, date: summer, 1973	TESSL 75 p. 103
							Aged female public housing residents, U.S.A. Probability systematic random sample N: 44, date: 1967 - 1971	GRANE 73A p. 7
							Aged retired persons, Los Angeles County, U.S.A. Non-probability purposive quota sample, proportionally stratified by marital status N: 71, date: 1971	MORIW 73 p. 229